



## Your 40 Days to Love Tools

### DAY 1

*The unconscious truth is  
that there is Good for me and I ought to have it.  
Nothing can kill that unconscious feeling.  
It is indestructible.*

SCIENTIFIC CHRISTIAN MENTAL PRACTICE, 18.2

As human beings we want love. It's part of our nature. As spiritual beings we are designed to be conduits for Divine Love. We thrive as centers of Love. Unfortunately, we can often mistake the need for love for the need for someone in particular to love us. That mistake creates neediness and all sorts of mental and emotional gymnastics as we try to impress, attract and hold on to the object of our supposed desire. That doesn't show love; that shows lack. It doesn't bring about lasting joy; it brings about lasting frustration. During these 40 days, let's get clear on what is our Good in regards to Love. This Good will bless us and free us to enjoy the moment, even if in that moment we are alone.

**Affirmation:** My Good is Love—full, satisfying Love,  
Love everlasting.

The Love I seek cannot come from a person or thing.  
The Love I seek must be found within.

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### LISTEN TO TODAY'S AUDIO\*

**DAY 1** <http://InstantTeleseminar.com/?eventid=13940292>

**IMPORTANT:** You will need this password: **40Love**

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Get the 40 days to Love package: Get 40 Days of Kathianne Lewis guiding your expanded experience of Love. Three options to choose from! Signup at the Registration Desk or online at <http://bit.ly/40DaysToLove>. You can begin anytime that is convenient for you.